

2025 BENEFITS EMPLOYEE GUIDEBOOK

Hernando County Sheriff's Office January 1, 2025 - December 31, 2025



SELECT THE BEST BENEFITS FOR YOU AND YOUR FAMILY

The Hernando County Sheriff's Office strives to provide you and your family with a comprehensive and valuable benefits package. We want to make sure you are getting the most out of our benefits—that is why we have put together this Benefit Enrollment Guide.

Open enrollment is a short period each year when you can make changes to your benefits. This guide will outline all the different benefits options, so you can identify which options are best for you and your family.

Elections you make during open enrollment will become effective on January 1^{st} , 2025. If you have questions about any of the benefits mentioned in this guide, please do not hesitate to reach out to HR.

Table of Contents

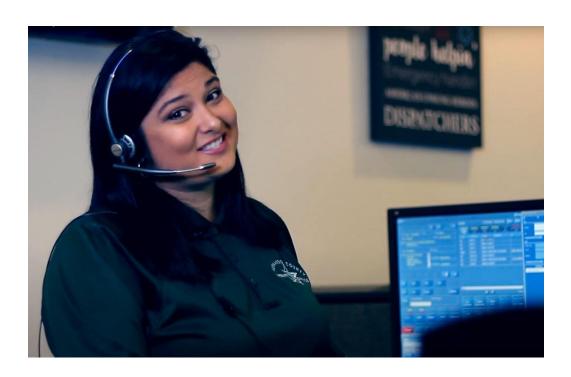
Highlights for 2025	3
Employee Assistance Program	4
Employee and Retiree Rates	11-12
Medical Insurance	13
Health Reimbursement Account	14
Dental Insurance	19
Vision Insurance	21
Life Insurance & AD&D	22
Disability Insurance	23
Voluntary Benefits	24-31
Deferred Compensation	32
Contacts	33
Glossary	34-35

Note: This booklet is a summary of coverage only; the summary plan description contains exclusions and limitations that are not shown here. Please refer to the summary of benefits (SBC) or call your plan administrator for further details into each plan.

HIGHLIGHTS FOR 2025

Here are the highlights for the 2025 benefit plan year.

- **High Quality Care at a Low Cost** We are proud to take a shared responsibility for our self-funded benefits. Due to agency growth we will be increasing Medical premiums to offset additional expenses and ensure continued quality coverage at a low cost.
- Employee Assistance Program (EAP) This benefit is a voluntary, confidential, and free program that offers support services for personal and work-related issues. EAPs can help you with a variety of issues that may affect their job performance, health, and well-being. (pg.4)
- Optavise Advocacy. This Employee Advocacy program will continue empowering employees to make informed decisions for themselves and family members (pg.5)
- Assured Excellence. A program paired with the medical plan, designed to connect employees and their dependents with high quality healthcare at little to no cost. (pg.6)



EMPLOYEE ASSISTANCE PROGRAM (EAP)

The Hernando County Sheriff's Office provides this amazing benefit to not only help through difficult times, but to offer professional advice on a variety of topics listed below to set you on a path for success that can help avoid the unpleasant situations you may otherwise face. The Employee Assistance Program (EAP) is absolutely free for you and your loved ones. Take advantage of this incredible resource. And, remember, it is always 100% confidential.



Take advantage of a wide range of services offered at no cost to you

- 5 face-to-face counseling sessions with a counselor in your area, as well as video-based sessions.
- Legal assistance: 30-minute consultation with an attorney, face-to-face or by phone.*
- **Financial:** 30-minute telephone consultation with a qualified specialist on topics such as debt counseling or planning for retirement.
- Parenting: Resources and referrals for childcare providers, before and after school programs, camps, adoption organizations, child development, prenatal care and more.
- Eldercare: Resources and referrals for home health agencies, assisted living facilities, social and recreational programs and long-distance caregiving.
- Pet care: Resources and referrals for pet sitting, obedience training, veterinarians and pet stores.
- Identity theft: 60-minute consultation with a fraud resolution specialist.



We're here to listen. Contact us any day, anytime.

Call 1.877.622.4327
Or log in to myCigna.com.
Employer ID: hernandodsheriff
(Needed for initial registration only)
If already registered on myCigna.com, simply log in and go to the EAP link under the Review My Coverage tab.





GREAT NEWS:



Year-round support for benefits and healthcare questions and concerns

Your employer is offering Optavise advocacy as a confidential, no-cost resource for answers to your benefits or healthcare questions throughout the year.

Your Advocate can:

- Explain how your benefits work
- Compare pricing for an upcoming test, procedure or prescription drugs
- Review Explanations of Benefits (EOBs) and your bills for errors
- Resolve claims and billing issues
- Assist with pre-certification and prior authorization
- Find a doctor

We're here to help. Contact us via phone or email to access additional information about your benefits or reach an Advocate for assistance!

Get rewarded for selecting a lower-cost option for tests and procedures! Call us for details.

FREE & CONFIDENTIAL



Your Advocacy Support

Your Advocate can save you time, money & frustration by:

- Answering your questions
- Maximizing your benefits
- Navigating the system

(866) 253-2273

advocate@optavise.com

Mon - Fri: 7 a.m. - 8 p.m. CST

Saturday: 8 a.m. - 1 p.m. CST (October and November)



AssuredExcellence



1-888-856-4317



AssuredExcellence@AssuredPartners.com

The AssuredExcellence program is designed to connect employees and their dependents with high quality health care at minimal to no cost. The program includes benefits for a broad range of services such as:

- orthopedic procedures,
- surgical cardiac and cancer procedures,
- · organ transplant,
- bariatric surgery,
- gallbladder surgery,
- substance abuse treatment,
- treatments for various bleeding and clotting disorders,
- anorexia.
- high cost medications,
- pediatric orthopedics,
- other treatments available

Employees can begin the process by completing an application that includes basic information. Applications are reviewed by the prospective provider of care and, if it is determined that the applicant is a candidate for services, the provider will gather and review medical records. Following this review the provider will contact applicants who remain eligible for services to schedule a consultation, surgery or services depending on the medical issue being addressed. A stipend is paid to the employee to assist with lodging and/or transportation expenses associated with traveling (if necessary) to the designated Center of Excellence.

If you are interested in learning more about the program, checking to see if it includes benefits for the services you need and/or receiving an application, please contact AssuredExcellence at

888-856-4317 or via e-mail at assuredexcellence@assuredpartners.com.

Participating Partners:

See back for more details

















Patients must be over age 18 for certain services.

Employees enrolled in a high deductible/HSA Qualified Plan will be responsible for the balance required to meet the IRS minimum deductible. There is no patient liability for covered services for all other program participants.

OPEN ENROLLMENT WHAT YOU WILL NEED

Open enrollment begins on Monday, October 7, 2024, and ends Sunday, October 20, 2024.

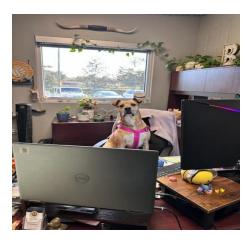
On **Tuesday**, **October 8**, **2024**, we will have an in-person Benefits Fair at the Jerome Brown Community Center gymnasium from 9:00 am to 3:00 pm. Carrier representatives and HR will be on hand to help you complete your enrollment. **Remember:** The benefits you choose during open enrollment will become effective **January 1**, **2025**. If you'd like a one-on-one session to review your benefits, schedule a virtual enrollment appointment with a Colonial Life benefit counselor by visiting https://calendly.com/nolan-team/hernando-county-sheriff-s-office.

- On Thursday, October 10, 2024, we will have a virtual webinar from 2:30 pm 4:00 pm to review all the benefits available for 2025.
- If you are adding a **new dependent** to any of the insurance plans, proof of dependent status will be required. (i.e., marriage certificate, birth certificate, court order, etc.).

OPEN ENROLLMENT PROCESS

Every employee will enroll in or decline benefits for the 2025 benefit plan year through Munis Employee Self Service.

Contact our partners at Colonial Life to enroll in supplemental coverage(s), at (800)-325-4368. During the Open Enrollment period, Colonial Life benefit counselors will be available to assist in enrollment of all benefits offered including medical, dental, vision and life insurance, via virtual enrollment meetings. To schedule a virtual appointment, visit https://calendly.com/nolan-team/hernando-county-sheriff-s-office.



VIRTUAL ENROLLMENT PROCESS

On the day of your scheduled enrollment, you will receive a phone call from a Colonial Life benefit counselor who can answer questions about all the benefits available. Your benefit counselor will send you a link so you can sign into Global Meet to begin your virtual enrollment session.



Scan the QR code with a smartphone or tablet to access MUNIS online and enroll in benefits today!

NEW HIRE BENEFIT ENROLLMENT WHAT YOU WILL NEED

New Hires are eligible for benefits the first of the month following 30 days of full-time employment.

When it is time for you to enroll, you will need to have the following items on hand:

- A computer or tablet
- Your Munis log-in Information
- All Dependents names, Social Security numbers, dates of birth and addresses of any/all dependents that you may wish to enroll in one or more of the plans.
 - o Proof of dependent status is required to added dependent coverage (i.e., marriage certificate, birth certificate, court order)
- All Beneficiaries name, Social Security number, relationship, date of birth and age.



Scan the QR code with a smartphone or tablet to access MUNIS online and enroll in benefits today!



WHO IS ELIGIBLE?

If you are a full-time employee or retiree at the Hernando County Sheriff's Office, you are eligible to enroll in the benefits outlined in this guide. In addition, the following criteria specify who is eligible for benefits:

- Dependent children are eligible for:
 - o Medical and dental coverage to the end of the calendar year until they reach age 30 without regard to marriage, student status, or financial dependence.
 - O Vision coverage to the end of the calendar year until they reach age 26 if they are dependent on you for support; and living in your household, or full/part-time student.
 - Voluntary life insurance coverage if an unmarried dependent child through age 20, or through age 24 if a full-time student; or unmarried children who are disabled and meet the criteria of a disabled child according to policy guidelines.
- Legal spouse
- Dual spouse: If both spouses are employed with HCSO, they cannot double cover each other on any plan.
- Medicare Eligible: As you and/or your spouse near Medicare eligibility for Medicare Part A and Part B due to age (65) or disability, you should contact the Social Security Administration (SSA) about Medicare benefits. Enrollment in Medicare is time sensitive, and you may be subject to substantial financial penalties if you fail to meet federal deadlines. Contact your local SSA office or call 1-800-MEDICARE (633-4227) or visit the web at www.medicare.gov for more information. TTY users call 877-486-2048.

ADDITIONAL INFORMATION

- If you are an active employee with a dependent and Medicare, this plan will typically be primary to Medicare. You should inform your health care provider of all plans that you or your dependents have.
- The information contained in this booklet is only a summary of coverage and is not a binding contract. A certificate
 of coverage will be made available to you that describes the benefits in greater detail. Should there be differences
 between the information in the booklet and the contract, the contract will govern.



TAKING ADVANTAGE OF PRE-TAX BENEFITS

HCSO has put into place a Section 125 Pre-Tax Plan. Certain coverages you contribute to are deducted from your paycheck on a pre-tax basis to save you money. The IRS stipulates that when you elect to have your deductions taken out with pre-tax dollars, you also agree to remain in the benefit plan of your selection for one full year, unless you experience a life-changing qualifying event. You must notify Human Resources in writing within 30 days of the qualifying event and provide appropriate documentation.

Examples of qualifying events include, but are not limited to the following:

- Marriage, divorce, or legal separation
- Birth or adoption of a child
- Change in child's dependent status
- Death of a spouse, child, or other qualified dependent
- Change in employment status or a change in coverage under another employer-sponsored plan

EMPLOYEE & RETIREE RATES

HCSO has introduced Optavise, Assured Excellence, and the My Health Onsite Wellness Center to help reduce increasing healthcare costs. Please take advantage of these programs and the many other educational opportunities sent throughout the year. When you stay healthy, and use the agency resources to be well, we can continue to keep costs down.

HCSO has self-funded plans. What does this mean?

Florida Blue acts as a third-party administrator to secure discounts, process claims, coordinate nurse care-management, and improve quality of care, however, the HCSO pays for each claim out from the collective employee & employer contributions, except for a few catastrophic level claims.

Each year Finance and Human Resources work hard to track these expenses and research competitive benefits to ensure the agency can offer low or no cost to you. Last year we were able to forgo any rate changes, but this year will introduce a small increase in medical contributions for employees.

We thank you for understanding as these funds go directly toward the cost of healthcare for you, your family and the families of the HCSO.

EMPLOYEE RATES

Semi-monthly payroll deductions as shown:

EMPLOYEE SEMI-MONTHLY DEDUCTIONS				
	Employee Only	Employee & Children	Employee & Spouse	Employee & Family
Blue Options PPO Plan 3766	\$25.00	\$185.00	\$260.00	\$310.00
Blue Options PPO Plan 5782	\$10.00	\$20.00	\$30.00	\$35.00
Florida Combined Life Dental Plan	\$0	Employee + 1 dependent: \$9.42 Employee + 2 or more dependents: \$21.20		
Humana Vision	\$2.63		\$7.53	
Additional Life Insurance (\$10,000 increments)	\$1.46	N/A N/A N/A		N/A
New York Life Long-Term Disability Buy-Down (per \$100)	\$0.23	N/A	N/A	N/A
	DEPENENT LIFE COVERAGE			
Rates Per Dependent Per Semi-Monthly	Spous \$2,500 \$5,000 \$10,000	- \$1.33	Child(rer \$2,500 - \$5,000 - \$10,000	\$0.29 \$0.58

NOTE: This is a summary of coverage only; the summary plan description contains exclusions and limitations that are not shown here.

Please refer to the summary of benefits (SBC) or call your plan administrator for further details.

RETIREE RATES

Monthly payroll deductions as shown:

RETIREE MONTHLY RATE				
	Retiree Only	Retiree & Spouse	Retiree & Children	Retiree & Family
Blue Options PPO Plan 3766	\$650.00	\$1,080.00	\$980.00	\$1,180.00
Blue Options PPO Plan 5782	\$375.00	\$650.00	\$800.00	\$900.00
Florida Combined Life Dental Plan	\$28.97	\$47.81		more dependents: 71.37
Humana Vision Plan	\$5.26		\$15.06	
Portable Basic Life with AD&D upon Retirement (in \$10,000 increments)	\$8.81	N/A	N/A	N/A
Additional Life is the Portable amount determined on separation date	\$8.04	N/A	N/A	N/A
DE	PENDENT LIFE (COVERAGE FOR I	RETIREES	
Rates Per Dependent Monthly (Based on portable amount determined as of separation date – per \$1,000)	\$2,500 \$5,000	e Cost: - \$1.33 - \$2.65 0 \$5.30	\$2,50 \$5,00	r en) Cost: 0 - \$0.58 0 - \$1.15 00 - \$2.30

MEDICAL INSURANCE

Benefit plan year 2025 brings no major changes to the two medical plans offered at HCSO through Florida Blue.

	My Health Onsite Employee Wellness Center	Blue Options 3766	Blue Options 5782
HRA Amounts	N/A	\$25.00 Per Month	\$200.00 Per Month
Physician Services: Virtual Visit/PCP/SP Visit	All Provider Services Free with \$0 Copay	\$0 / \$25 / \$50 Copay	\$0 / \$35 / \$50 Copay
Urgent Care	\$0 Copay	\$50 Copay	\$50 Copay
Deductible (Individual/Family)	No cost to you	In-Network: \$0 / \$0 Out-of-Network: \$500 / \$1,500	In-Network: \$1,800 / \$3,500 Out-of-Network: \$4,000 / \$8,000
Coinsurance (Individual/Family)	No cost to you.	In-Network: 80% / 20% Out-of-Network: 50% / 50%	In-Network: 80% / 20% Out-of-Network: 50% / 50%
Maximum Out-of-Pocket Limit (Individual/Family)	N/A	In-Network: \$2,500 / \$5,000 Out-of-Network: \$5,000 / \$10,000	In-Network: \$3,500 / \$5,000 Out-of-Network: \$7,000 / \$14,000
Hospitalization In-Patient	N/A	\$600 Copay	\$500 Copay Per Admission
Hospitalization Out-Patient	N/A	\$0 Copay – Surgical Center \$400 Copay – OP Hospital	\$0 Copay – Surgical Center \$400 Copay – OP Hospital
Lab Services & Simple X- Ray's	\$0 Copay	\$0 Copay	\$0 Copay
Emergency Room	N/A	\$300 Copay	\$400 Copay
Hearing Benefits (In-Network Only)	N/A	\$300 Per Plan Year	\$500 Per Plan Year
Prescription Drugs - Generic - Preferred - Non-preferred - Specialty Medications	Generic Prescriptions are free! No cost to you.	Prescription Copays: \$10 Copay \$25 Copay \$40 Copay \$50 Copay per month	Prescription Copays: \$10 Copay \$25 Copay \$40 Copay \$50 Copay per month



HEALTH REIMBURSEMENT ACCOUNTS (HRA)

The HRA is set up for each individual employee through contributions made by the Sheriff's Office. This is a great benefit in which money is accrued that can be used to cover copays, deductibles, prescription drug costs, and other approved medical expenses. This results in much lower out-of-pocket costs for employees!

Employees who elect associated medical plans will have the corresponding HRA funds contributed in January 2025		
Medical Option 1—Blue Options Plan 3766 \$25.00 Monthly		
Medical Option 2—Blue Options Plan 5782 \$200.00 Monthly		
If you waive medical coverage (see details below)	*\$25.00 Monthly	

^{*}If you waive medical coverage (proof of other insurance will be required), you may elect to accept the \$25 monthly as taxable income in lieu of the HRA contribution.

Funds may be used for IRS-defined "unreimbursed" medical expenses for yourself or your eligible dependents. You may use the debit card or file paper claims for reimbursement, but most expenses must be documented per IRS regulations. Claims services and complete plan information will be provided upon enrollment.

Any unused funds in the HRA at the end of the year will carry over into the next plan year, as long as the plan remains in effect, and you remain an employee of the Sheriff's Office (or if COBRA continuation coverage is elected). Retirees with funds in their RHRA are eligible to those funds until all monies are depleted. You may only access the funds in your account as they accrue.

CRITERIA PER IRS REGULATIONS FOR ELIGIBLE EXPENSES

- Qualify as a federal income tax deduction under section 213 of the IRS code; and
- Be rendered for the diagnosis, treatment, or prevention of disease; and
- Not be reimbursable by any insurance plan (i.e., you may only claim your remaining patient responsibility, not anything that is written off or paid by insurance); and
- Spouses and dependents must be covered on the plan to pay for eligible expenses.



PRESCRIPTION COVERAGE

The Wellness Center and Florida Blue Plans offer our main prescription coverage programs, but see below for many other available resources.

My Health Onsite Employee Wellness Center	Blue Options 3766	Blue Options 5782
Generic Prescriptions are free! No cost to you.	Prescription Copays: \$10 Copay \$25 Copay \$40 Copay \$50 Copay per month	Prescription Copays: \$10 Copay \$25 Copay \$40 Copay \$50 Copay per month

A NEW WAY TO SAVE ON MEDICATIONS



Amazon Pharmacy offers an easy order home delivery to quickly get your non-specialty prescription medication¹ delivered. As a Florida Blue member, you get access to MedsYourWay™ prescription drug discount card pricing with up to 80% savings³ on brand and generic medicines and is seamlessly built into the Amazon Pharmacy experience. You can get the lowest cost available while saving time and money. Using the MedsYourWay discount card is not insurance; however, using it for covered medications⁴ will also count toward your out-of-pocket maximum.

SHOP - Easy to use

Amazon Pharmacy makes ordering your medications easier because it's like shopping on Amazon:

- Easy sign up, which includes the option to have your account auto-populated with your prescription history.
- Option for 90+ day supply.
- Pharmacists on call 24/7.
- Ability to manage your medication and order history.







SAVE - Built-in drug discount card

Some drugs may be available at lower prices with a discount card. MedsYourWay discount pricing is built right into the Amazon Pharmacy experience.

- At check out, you'll see the lowest cost available for your medication. That's the price you'll pay.
- MedsYourWay discount card pricing is not insurance; however, all prescribed and covered purchases, whether
 paying a copay or using the discount card pricing, automatically count toward your annual out-of-pocket
 maximum.

SKIP - Convenient home delivery

Skip the pharmacy line with home delivery.

• Fast delivery: Amazon Prime members get 2-day no-cost shipping on most orders; standard no-cost shipping for non-Amazon Prime members is 5-day but can be expedited to 2-day delivery for an additional fee with real-time package tracking from order to delivery.

To learn more about Amazon Pharmacy's services, call the number on the back of your Florida Blue Member card and say, "Pharmacy." or log on to Member Account and see the **Pharmacy Section** under **My Plan**.



Your local Blue Cross Blue Shield

Diabetic Supplies for Members



To encourage proper care for diabetes, our plan will now cover Diabetic Supplies, including durable medical equipment (DME) will be covered at 100% by the plan.

Pharmacy Supplies

Type of Diabetic Supplies

- Glucose Meter
- Test Strips
- Lancets
- Needles
- Syringes
- Insulin for Self-Injections and Insulin Pumps

Durable Medical Equipment (DME) Supplies

Type of Diabetic Supplies

- Insulin Pumps
- Insulin Pump Supplies (except for Insulin)
- Continuous Glucose Monitoring (CGM) Devices

Contact Information

You can get these supplies from your local in-network retail pharmacy or sign up for home delivery.

Use a Local Retail Pharmacy

For a current listing of in-network pharmacies, check Florida Blue's online directory. Simply log in to your member account at floridablue.com. Click on **Find & Get Care**. Then select **Find a Doctor & More**, and choose the **Pharmacy** category. Select **Retail** from the drop-down menu.

Get Home Delivery

After you select **Pharmacy**, select **Home Delivery** from the drop-down menu. In the pop-up box that appears, click on **Go to Home Delivery**.

CareCentrix can help you or your doctor get these supplies from a local DME supplier. Just call CareCentrix at 877-561-9910.

If you need more supplies than the monthly maximum covered under your plan, call the customer service number on the back of your Member ID card to request approval.

Please check policy for details by logging in at floridablue.com or calling the customer service number on the back of your Member ID card.

Condition Care RX Program



From doctor's appointments to prescriptions and everything in between, it can be tough to stay on top of a chronic health condition.

At least one thing is about to get a little easier. Through the **Condition Care Rx program**, medicines to treat things like high blood pressure, cholesterol, diabetes, depression and respiratory conditions could cost little or next to nothing.



Log in to your account at <u>floridablue.com</u> to find out how much your drug will cost you or to compare prices at different pharmacies in your network.

The type of health plan you have determines the health conditions and medications covered and your cost share

If you have a Health Savings Account or a plan with a deductible:

- Your pharmacy or medical deductibles are waived or lower
- Health conditions covered
 - Diabetes
 - High cholesterol
 - Respiratory conditions like asthma,
 COPD and chronic bronchitis
 - High blood pressure
 - Depression
 - Click here to see what drugs are included in the medication list

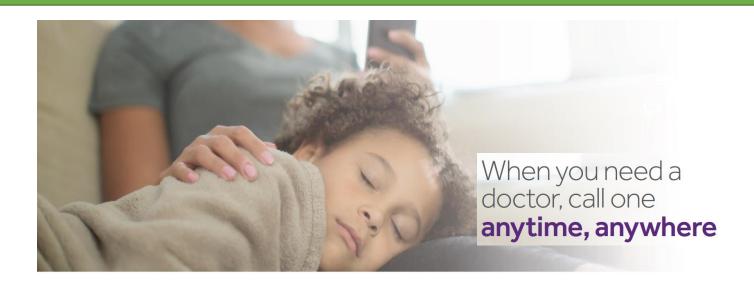
If your health plan has a copay:

- Your copays are lower
- Health conditions covered
 - Diabetes
 - High cholesterol
 - Respiratory conditions, such as asthma, COPD, chronic bronchitis and others
 - High blood pressure
 - Depression
 - Click here to see what drugs are included in the medication list

Personalized support and resources to help you manage your health

We know that each person has unique health care needs. That's why we've designed some no-cost tools and services around YOU—to help you get the most out of your health plan. Tap into these resources and start living well.

- Care Consultants can show you how your benefits work to manage costs, and help you find the doctors, programs and community services you need to get well. 888-476-2227
- 24-Hour Nurseline¹ is available 24/7 for questions about your general health, a specific illness or any health questions. 877-789-2583
- Care coordination helps with disease management and extended care to ensure your treatment and recovery are on the right path. 844-730-2583 (844-730-BLUE)
- Better You Strides, our personal online wellness program,² creates a custom-made plan based on your needs, goals and interests to help you meet your health goals.
- Blue 365®, an exclusive national member discount program,³ offers savings on gym memberships, vision care, hearing aids, weight management programs and more.
- A member website and mobile app give you 24-hour access to your plan information, ID cards, cost comparisons and more.







Skip the trip to the waiting room. With Teladoc, you can talk with a doctor within an hour by phone or app from wherever you are.

Know your care options



Teladoc

For non-emergency conditions like the flu, allergies, infections, and much more. Our doctors can also prescribe medicine, if needed.



General practitioner

For annual exams and ongoing medical conditions needing regular monitoring.



Urgent care/ER

For severe conditions like chest pain, sprains, cuts, burns, or broken bones.



Feel better when you need to with Teladoc

Visit www.Teladoc.com
Call 888-983-5236 | Download the app **€** | **●**

DENTAL INSURANCE

In addition to protecting your smile, dental insurance helps pay for dental care and usually includes regular checkups, cleanings, and X-rays. Several studies suggest that oral diseases, such as periodontitis (gum disease), can affect other areas of your body—including your heart. Receiving regular dental care can protect you and your family from the high cost of dental disease and surgery.



The following chart outlines the dental benefits we offer.

TYPE OF SERVICE	WHAT'S INCLUDED		
Deductible -Per Person -Per Family	In-Network \$50 \$150	Out-of-Network \$75 \$225	
Preventive Services Basic Services Major Services	100% 70% 50%	80% 50% 30%	
Preventive Services		e visits, restorations, fluoride-child, s, intraoral/complete series.	
Basic Services	Fillings, simple extractions, seals	ants, root canal, periodontal scaling	
Major Services	Oral surgery, crowns, complete dentures, pontics (bridges), implants		
Annual Maximum	\$2,000		
Orthodontia Services Adult & Child(ren) to age 19	Adults and Dependent Child(ren) to age 19: 50% to a Lifetime Max of \$1,000		
Dental Rollover Rewards	If, at the end of the year, the member has \$800 or less in unused claims, FL Blue will roll over a \$600 credit to next year's annual maximum benefit, making the new benefit \$2,600. See chart on page 20 for more details.		
Find a Dentist	https://www.floridabluedental.com	/members/find-a-dentistfind-a-dentist/	
D	ENTAL EMPLOYEE SEMI-MONTHLY D	EDUCTIONS	
Employee Only		\$0	
Employee + 1 dependent	\$9.42		
Employee + 2 or more	\$21.20		

BlueDental Maximum Rollover



Maximum Rollover for BlueDental Choice Plan Members

Maximum Rollover is a BlueDental Choice member benefit that rewards you just for visiting the dentist. There are no fees for Maximum Rollover and no paperwork to complete. Whenever you use less than the yearly threshold amount, you'll receive Rollover dollars for the following year. What if you could use your Rollover dollars for unexpected visits the next year? Or wouldn't those extra dollars come in handy when you have to pay out-of-pocket for expensive dental work in the following year?

See the chart below for some examples. Any available Rollover dollars will be added to your Rollover account approximately 60 days after the end of your plan year. It's that easy.

Maximum Rollover* is applied to your BlueDental Choice, BlueDental Choice Plus or BlueDental Choice Copayment plan automatically if you:

- Receive at least one covered service during your plan year,
- > Be an active member of the plan on the last day of the plan year.
- Don't exceed the claim payment threshold in your plan year.



Use the chart below to see what your Maximum Rollover dollars could add up to.

- Look in the first column to find your plan's annual maximum benefit.
- Next, find the threshold amount for your plan in the second column. If we pay out less than this amount in benefits, you'll automatically receive Maximum Rollover dollars next year.
- > Check the third column for the maximum amount of dollars you qualify for next year.
- > The last column provides the maximum amount of rollover dollars that you can accumulate.

1. Plan's Annual Maximum Benefit Amount	2. Yearly Threshold Amount	3. Maximum Rollover you'll receive next year	4. Maximum Rollover you can accumulate
\$2,000 - \$2,499	\$800	\$600	\$1,500

Questions? Want to learn more about Maximum Rollover or any of our other products and services? Our BlueDental Customer Service Representatives can help. Just call 1-888-223-4892 or find us online at FloridaBlueDental.com. Maximum Rollover is not available for our BlueDental Care plans. Florida Blue is a trade name of Blue Cross and Blue Shield of Florida, Inc. BlueDental plans are offered through Florida Combined Life Insurance Company, Inc., D/B/A Florida Combined Life, an affiliate of Blue Cross and Blue Shield of Florida, Inc., D/B/A Florida Blue. These companies are Independent Licensees of the Blue Cross and Blue Shield Associations.

VISION INSURANCE

Driving to work, reading a news article, and watching TV are all activities you likely perform every day. Your ability to do all of these activities depends on your vision and eye health. Vision insurance can help you maintain your vision as well as detect various health problems. HCSO's vision insurance through Humana entitles you to specific eye care benefits. Our policy covers routine eye exams and other procedures, and provides specified dollar amounts or discounts for the purchase of eyeglasses and contact lenses.

If you seek the services of a provider listed in our preferred provider directory, your benefits include the following:

- Routine vision exams for a \$10 copay.
- Preferred pricing on a large selection of designer frames, lenses, and lens options.



Plan Provisions	In-Network	Out-Of-Network
Exam	\$10 Copay	Up to \$30
Hardware (Frames)	\$15 Copay (Up to \$130 Allowance)	Up to \$65
Frequency:		
• Exam	• 12 Months	• 12 Months
• Lenses	• 12 Months	• 12 Months
• Frames	• 24 Months	• 24 Months
Lenses:		
 Single Vision 	• Covered up to 100%	● Up to \$25
Bifocal	• Covered up to 100%	Up to \$40
 Trifocal 	• Covered up to 100%	• Up to \$60
Medically Necessary Contact Lenses	Covered at 100%	Up to \$200
Elective Contact Lenses	Up to \$130	\$104 Allowance
in lieu of glasses	Op to \$150	7104 Allowanice
Find a Vision Provider		n-insurance/find-an-eye-doctor
HUM	ANA VISION EMPLOYEE SEMI-MONTHLY	DEDUCTIONS
Employee	\$2.63	
Employee & Spouse		
Employee & Child	\$7.53	
Employee & Family		



BASIC AND SUPPLEMENTAL LIFE INSURANCE AND AD&D

LIFE AND ACCIDENTAL DEATH & DISMEMBERMENT

Life insurance is an important part of your financial security, especially if others depend on you for support. Accidental death and dismemberment (AD&D) insurance is designed to provide a benefit in the event of accidental death or dismemberment.

All eligible employees will receive basic life and AD&D insurance coverage in the flat amount of \$10,000 at no cost. Retirees can continue this benefit at their current election.

Employees who want to supplement their group life insurance benefits by covering a spouse and/or child/ren may purchase additional coverage through payroll deduction.

ACTIVE EMPLOYEES may elect supplemental life and AD&D insurance coverage in increments of \$10,000 up to the \$200,000. Supplemental dependent life insurance is available for spouses and dependent children through payroll deduction.

If you are newly eligible to electing supplemental life insurance, you may elect up the guaranteed issue amount without completing an evidence of insurability form (EOI).

If you previously waived supplemental life insurance, you will need to complete an evidence of insurability form (EOI).

RETIRING EMPLOYEES who enroll will have benefits reduced according to the same age schedule as explained below. For additional plan information please refer to your official plan summary/documents.

Voluntary Coverage	Election Amount	Guarantee Issue Amount	Cost (Semi-Monthly Rate)
Employee Voluntary Life & AD&D	\$200,000	\$150,000	Class 1 (active) \$1.46 per \$10,000 Class 2 (retirees) \$4.02 per \$10,000
Spouse Voluntary Life & AD&D	Option 1: \$2,500 Option 2: \$5,000 Option 3: \$10,000	\$2,500	\$2,500 - \$0.67 \$5,000 - \$1.33 \$10,000 - \$2.65
Child Voluntary Life & AD&D	Option 1: \$2,500 Option 2: \$5,000 Option 3: \$10,000	All Amounts	\$2,500 - \$0.29 \$5,000 - \$0.58 \$10,000 - \$1.15

^{*}Age reduction for active and retiree employee basic life: benefits reduce by 35% at age 65 and by 50% at age 70



DISABILITY INSURANCE COVERAGE

The goal of the disability plan is to provide you with income replacement should you become disabled and unable to work due to a non-work-related illness or injury. The Hernando County Sheriff's Office provides eligible employees with long-term disability income benefits.

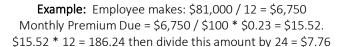
If you become disabled from a non-work-related injury or sickness, disability income benefits will provide a partial replacement of lost income. Please note that you are not eligible to receive disability benefits if you are receiving workers' compensation benefits.

Employees may elect to reduce their benefit waiting period to 90 days through payroll deduction. Applications for coverage may be subject to medical underwriting, based on time of application. For additional plan information please refer to your official plan summary/documents.

	Long-Term Disability Buy-Down	Long-Term Disability
Benefits Begin	90-Day benefit waiting period	180-Day benefit waiting period
Benefits Payable	1/1/2024	1/1/2024
Percentage of Income Replaced	Covers 60% of the first \$6,000 of pre-disability earnings, the maximum benefit period is to age 65 or SSNRA; pays own occupation for first 36 months	Covers 60% of the first \$6,000 of pre-disability earnings; the maximum benefit period is to age 65 or SSNRA; pays own occupation for First 36 months
Maximum Benefit	\$6,000	\$6,000
Cost Per Semi-Month Pay Period	See Rate Sheet	No cost – employer paid

To calculate your "Buy Down" cost per paycheck, please take the following steps:

- 1. Figure out your monthly earnings capped at \$10,000, a maximum benefit of \$6,000 and write them here:
- 2. Multiply your monthly earnings by 0.23 and write your answer here: _____
- 3. Divide by 100.00; this amount is an estimate of how much you would pay each month:
- 4. To get a sense of your semi-monthly premium, divide your monthly premium amount 2:



NEW
YORK
LIFE

Annual Salary		Paycheck Gross		Cost		A	nnual Salary	Pay	check Gross	(Cost	Annual Salary	Payo	heck Gross	Cost
\$	30,000.00	\$	1,153.85	\$	2.65	\$	65,000.00	\$	2,500.00	\$	5.75	\$100,000.00	\$	3,846.15	\$ 8.85
\$	35,000.00	\$	1,346.15	\$	3.10	\$	70,000.00	\$	2,692.31	\$	6.19	\$110,000.00	\$	4,230.77	\$ 9.73
\$	40,000.00	\$	1,538.46	\$	3.54	\$	75,000.00	\$	2,884.62	\$	6.63	\$120,000.00	\$	4,615.38	\$10.62
\$	45,000.00	\$	1,730.77	\$	3.98	\$	80,000.00	\$	3,076.92	\$	7.08	\$130,000.00	\$	5,000.00	\$11.50
\$	50,000.00	\$	1,923.08	\$	4.42	\$	85,000.00	\$	3,269.23	\$	7.52	\$140,000.00	\$	5,384.62	\$11.50
\$	55,000.00	\$	2,115.38	\$	4.87	\$	90,000.00	\$	3,461.54	\$	7.96	\$150,000.00	\$	5,769.23	\$11.50
\$	60,000.00	\$	2,307.69	\$	5.31	\$	95,000.00	\$	3,653.85	\$	8.40	\$160,000.00	\$	6,153.85	\$11.50

Voluntary Benefits



You never know when an unexpected illness or injury could leave you and your family with financial difficulties. Health insurance can help, but you can still have deductibles, co-payments, and other out-of-pocket expenses.

That's where voluntary benefits come in. Sometimes called supplemental insurance, voluntary benefits are designed to complement your health insurance and help provide extra financial protection.

This year, your employer is helping you protect your way of life by giving you the opportunity to purchase the following voluntary benefits from Colonial Life:

- Accident insurance/Gunshot Wound Benefit
- Critical Illness with Cancer Insurance
- Disability insurance
- Hospital confinement indemnity insurance

To learn more about your benefit options, visit the benefits page at:

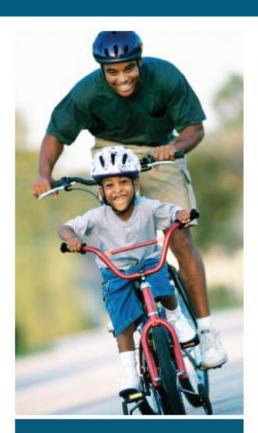


Your benefits counselor will be happy to review all your benefit options during your personal enrollment appointment.



Accident Insurance





Talk with your Colonial Life benefits counselor to learn more.

ColonialLife.com

Accidents can happen to anyone

You never know when you or someone you love could get hurt in an accident. And accidents come with costs, such as emergency room fees, doctor's bills and lost income from missing work. Even if you have good health insurance, deductibles and co-pays can really add up.

With accident insurance from Colonial Life, you can receive benefits to help with the expenses of a covered accident. This financial protection can help you focus on what really matters: healing.

With this coverage:

- A set amount is payable based on the injury you suffer and the treatment you receive.
- You do not need to answer medical questions or have a physical exam to get basic coverage.
- Unlike workers' compensation, which only covers on-the-job injuries, accident insurance covers injuries that happen on-the-job or off-the-job.
- Coverage is available for you, your spouse and eligible dependent children.

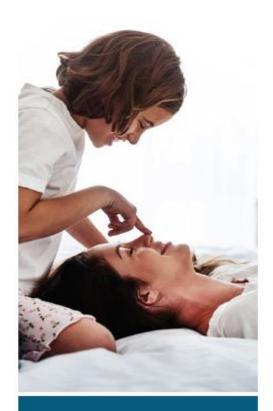
ACCIDENT POLICIES PROVIDE LIMITED BENEFITS.

The policies or their provisions may vary or be unavailable in all states. The policies have exclusions and limitations which may affect any benefits payable. See the individual policy or the group certificate, as applicable, or your representative for specific provisions and details of availability.

Underwritten by The Paul Revere Life Insurance Company, Worcester, MA. ©2018 The Paul Revere Life Insurance Company, All rights reserved. Colonial Voluntary Benefits is a trademark and marketing brand of The Paul Revere Life Insurance Company.

Critical Illness Insurance





Talk with your Colonial Life benefits counselor to learn more.

Coloniall ife.com

You can't predict an illness, but you can be prepared

No matter where you are in life, you never know when you or a loved one could experience a critical illness, such as a heart attack or stroke. Medical advancements and early detection are helping many people survive critical illnesses. However, preventive tests and treatment can lead to increased medical expenses, and your health insurance may not cover these costs.

Critical illness insurance from Colonial Life helps supplement your major medical coverage by providing a lump-sum benefit that you can use to pay the direct and indirect costs related to a covered critical illness.

With this coverage:

- Benefits are paid directly to you, unless you specify otherwise.
- You may receive additional benefits if you're diagnosed with more than one critical illness.
- Coverage options are available for you, your spouse and eligible dependent children.

Guaranteed Issue

CRITICAL ILLNESS POLICIES PROVIDE LIMITED BENEFITS.

The policies or their provisions may vary or be unavailable in all states. The policies have exclusions and limitations which may affect any benefits payable. See the individual policy or the group certificate, as applicable, or your Colonial Life representative for specific provisions and details of availability.

Colonial Life insurance products are underwritten by Colonial Life & Accident Insurance Company, Columbia, SC @2018 Colonial Life & Accident Insurance Company. All rights reserved. Colonial Life is a registered trademark and marketing brand of Colonial Life & Accident Insurance Company.

Cancer Insurance





Talk with your Colonial Life benefits counselor to learn more.

Colonial ife.com

Would you be financially prepared for cancer?

If you were diagnosed with cancer, you could have expenses that medical insurance doesn't cover. In addition to your regular, ongoing bills, you could have to pay for out-of-network treatment, child care, home health care services, and other indirect treatment and recovery costs.

Hopefully, you and your family will never face cancer. If you do, cancer insurance from Colonial Life can help protect the lifestyle you've worked so hard to build.

With this coverage:

- Coverage options are available for you and your eligible dependents.
- You're paid regardless of any other insurance you may have with other companies.
- You can use benefits to help pay for travel to and from treatment centers, lodging and meals, deductibles – or any other way you choose.
- You may have the option of purchasing additional riders for even more financial protection against cancer.

Guaranteed Issue

CANCER POLICIES PROVIDE LIMITED BENEFITS.

The policies or their provisions may vary or be unavailable in all states. The policies have exclusions and limitations which may affect any benefits payable. See the individual policy or the group certificate, as applicable, or your Colonial Life representative for specific provisions and details of availability.

Colonial Life insurance products are underwritten by Colonial Life & Accident Insurance Company, Columbia, SC @2018 Colonial Life & Accident Insurance Company. All rights reserved. Colonial Life is a registered trademark and marketing brand of Colonial Life & Accident Insurance Company.

Disability Insurance





Talk with your Colonial Life benefits counselor to learn more.

Coloniall ife.com

Help protect your income

Losing just one paycheck would be difficult, but a disability could have you out of work for weeks or even months. And while your paychecks might stop, your bills would continue coming. Without your income, how would you pay for housing, utilities and other everyday living expenses?

Disability insurance from Colonial Life helps protect your income, so you can have help paying the bills while you recover from a covered accident or sickness.

With this coverage:

- You can choose the amount of your disability benefits, subject to income.
- You're paid regardless of any other insurance you may have with other companies.
- Benefits are paid directly to you, and you can use these benefits however you choose.

Guaranteed Issue

Colonial Life insurance products are underwritten by Colonial Life & Accident Insurance Company, Columbia, SC 82018 Colonial Life & Accident Insurance Company. All rights reserved. Colonial Life is a registered trademark and marketing brand of Colonial Life & Accident Insurance Company.

Hospital Confinement Indemnity Insurance





Get help with rising health care costs

If you're admitted to the hospital because of an accident or sickness, it's important to focus on your recovery – not your finances. That's easier said than done if you have costly co-payments, deductibles and other expenses coming your way.

Hospital confinement indemnity insurance from Colonial Life can help you pay for medical expenses that your health insurance may not cover.

With this coverage:

- Benefits are paid directly to you (unless you specify otherwise) and can be used as you see fit.
- Coverage is available for you, your spouse and eligible dependent children.
- You're paid regardless of any other insurance you may have with other companies.

Talk with your Colonial Life benefits counselor to learn more.

Guaranteed Issue up to \$1,500 maximum hospital confinement benefits.

Waiver of standard pre-existing conditions.

Coloniall ife.com

HOSPITAL CONFINEMENT INDEMNITY POLICIES PROVIDE LIMITED BENEFITS.

The policies or their provisions may vary or be unavailable in all states. The policies have exclusions and limitations which may affect any benefits payable. See the individual policy or the group certificate, as applicable, or your Colonial Life representative for specific provisions and details of availability.

Colonial Life insurance products are underwritten by Colonial Life & Accident Insurance Company, Columbia, SC 62018 Colonial Life & Accident Insurance Company. All rights reserved. Colonial Life is a registered trademark and marketing brand of Colonial Life & Accident Insurance Company.

Policyholder Service Guide



Getting started

The easiest way to manage your business with us is through ColonialLife.com. To sign up for the website, click Register at the top right of the home page and follow the instructions.

Contact us

ONLINE

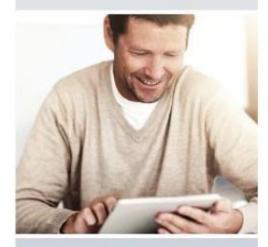
ColonialLife.com Log in and click on Contact Us

TELEPHONE

1-800-325-4368

Hearing-impaired customers 803-798-4040

If you do not have a TDD, call Voiance Telephone Interpretation Services. 844-495-6105



ColonialLife.com

Consider your options

At Colonial Life, our goal is to give you an excellent customer experience that is simple, modern, and personal. For your convenience, you can choose how you interact with us. For the quickest service, we recommend using our website, which lets you do the following:

- Review, print, or download a copy of your policy/certificate by clicking on the My Correspondence tab.
- Update contact information or add family member profile information for use when filing online claims.
- Access service forms to make changes to your policy, such as a beneficiary change.
- Submit your claim using our eClaims system.
- Check the status of your claim and view claims correspondence.
- Access claim forms.

eClaims are quick and easy

With the eClaims feature on ColonialLife.com, you can file most claims online by simply answering a few questions and uploading your supporting documentation. You're able to spend less time on paperwork, and we're able to process your claim faster.

- From ColonialLife.com, file claims from any device. It's fast, easy, and available 24/7.
- Select direct deposit to receive your benefit payment faster.
- Easily submit additional documents.

Paper claims

- If you don't want to file online, download the form you need by visiting the Claims Center page on ColonialLife.com and clicking on claim and service forms.
- You may fax your claim to 1-800-880-9325.
- Follow the instructions, tips, and videos to complete and submit your claim.

Colonial Life insurance products are underwritten by Colonial Life & Accident Insurance Company, Columbia, SC 62018 Colonial Life & Accident Insurance Company. All rights reserved. Colonial Life is a registered trademark and marketing brand of Colonial Life & Accident Insurance Company.

Set and achieve your financial goals





KOFE can answer questions about:

- Personal finance
- Budgets
- Savings
- Debt
- Payment options
- Credit and credit reports



Your employer works hard to provide you with the resources you need in the workplace. But personal financial worries can get in the way of your productivity.

In fact, one in three employees say that personal financial issues have been a distraction at work. With more than three-quarters of employees feeling this strain, it's normal to want some assistance.

That's why we're providing access to this valuable program, which can help you set goals—and be successful in achieving them.

Our service solution

Colonial Life has partnered with Knowledge of Financial Education (KOFE), a corporate financial wellness program created by Consolidated Credit. Consolidated Credit is one of the largest non-profit credit counseling agencies with more than 20 years of expertise.

While some companies only provide financial education and others only offer counseling, you can have both. And it's available to you without increasing your budget. With this service, you'll get a variety of resources to help improve your financial situation:

- Financial coaching Unlimited access to highly trained senior certified credit counselors by calling 866-932-4185
- Online tools Access to 100+ videos, books, budgeting tools and more, all easily accessible at ColonialLife.com/KOFE
- Webinars Educational sessions throughout the year on a variety of topics

Get the support you need to succeed

Taking advantage of KOFE's services can help you gain control of your financial difficulties. That means you can better focus on your career—and on building a safe financial future for yourself and your family.

Take steps today toward reaching financial success. Visit ColonialLife.com/KOFE to learn more.

DEFERRED COMPENSATION

Employees of the Hernando Country Sheriff's Office are eligible to enroll in voluntary deferred compensation plans. Deferred compensation is an arrangement which permits you to authorize a portion of your salary to be withheld and invested in a group variable annuity contract for payment to you at a later date.

State retirement and Social Security may not be enough to cover all your needs depending on when you plan to retire. Deferred compensation is a voluntary contribution made by you to supplement retirement planning needs. Neither the contributed amount nor any investment earnings are subject to current federal and (in most cases) state income taxes until the deferred income plus earnings are distributed to you. These distributions are generally taken at retirement when you may be in a lower income bracket.

Per IRS guidelines, retired sworn personnel may be able to elect a withdrawal of up to \$3,000 once per calendar year, tax free, to pay for their health insurance premiums. Please check with your plan provider for more information.





CONTACTS

Optavise		
Carrier/Vendor	Optavise	
Phone Number	(866) 253-2273	
Website	Optavise.com	

Telemedicine			
Carrier/Vendor Teladoc			
Phone Number	(888) 893-5236		
Website	www.teladoc.com		

Medical		
Carrier/Vendor	Florida Blue	
Group Number	46017	
Phone Number	(800) 322-2808	
Website	www.floridablue.com	

Dental			
Carrier/Vendor	Florida Combined Life		
Policy Number	605s70		
Phone Number	(888) 223-4892		
Website	www.floridabluedental.com		

Vision		
Carrier/Vendor	Humana	
Policy Number	786460	
Phone Number	(877) 398-2980	
Website	www.humana.com	

HRA		
Carrier/Vendor	PrimePay	
Email Address	benefitSuccess@primepay.com	
Phone Number	(877) 769-3539	
Website	www.primepay.com	

Employee Assistance Program (EAP)			
Carrier/Vendor	Cigna		
Employer ID	hernandosheriff		
Phone Number	(877) 622-4327		
Website	www.mycigna.com		

My Health Onsite			
Carrier/Vendor	My Health Onsite		
Support Center	(888) 644-1448		
Website	www.my-patientportal.com		

Deferred Compensation				
Carrier/Vendor	Empower Retirement			
Customer Service	(800) 773-5274			
Jody Clayton - Rep	(813) 294-3201			
Email	jody@firstrespondersfinancial.com			

Voluntary Benefits			
Carrier/Vendor	Colonial Life		
Customer Service	(800) 325-4368		
Representative	Lyn Lindsay (727) 560-6183		
Website	www.ColonialLife.com		

Life, AD&D, Long-Term Disability				
Carrier/Vendor	New York Life			
Policy Number	FLX-970210/FLK-96115			
Phone Number	(800) 225-5695			
Website	www.newyorklife.com			

Assured Excellence				
Carrier/Vendor	Assured Excellence			
Phone Number	(888) 856-4317			
Website	AssuredExcellence@AssuredPartners.com			

GLOSSARY

This glossary defines many commonly used terms but is not a full list. These glossary terms and definitions are intended to be educational and may be different from the terms and definitions in your plan or health insurance policy. Some of these terms may not have exactly the same meaning when used in your policy or plan, and in any case the policy or plan governs. (See your Summary of Benefits and Coverage for information on how to get a copy of your policy or plan document.)

Coinsurance—The amount or percentage that you pay for certain covered health care services under your health plan. This is typically the amount paid after a deductible is met and can vary based on the plan design.

Copayment—A flat fee that you pay toward the cost of covered medical services.

Covered Expenses—Health care expenses that are covered under your health plan.

Deductible—A specific dollar amount you pay out of pocket before benefits are available through a health plan. Under some plans, the deductible is waived for certain services.

Dependent—Individuals who meet eligibility requirements under a health plan and are enrolled in the plan as a qualified dependent.

Health Reimbursement Arrangement (HRA)—An employer-owned medical savings account in which the company deposits pre-tax dollars for each of its covered employees. Employees can then use this account as reimbursement for qualified health care expenses.

In-network—Health care received from your primary care physician or from a specialist within an outlined list of health care practitioners.

Inpatient—A person who is treated as a registered patient in a hospital or other health care facility.

Medically Necessary (or medical necessity)—Services or supplies provided by a hospital, health care facility or physician that meet the following criteria: (1) are appropriate for the symptoms and diagnosis and/or treatment of the condition, illness, disease or injury; (2) serve to provide diagnosis or direct care and/or treatment of the condition, illness, disease or injury; (3) are in accordance with standards of good medical practice; (4) are not primarily serving as convenience; and (5) are considered the most appropriate care available.

Medicare—An insurance program administered by the federal government to provide health coverage to individuals aged 65 and older, or who have certain disabilities or illnesses.

Member—You and those covered become members when you enroll in a health plan. This includes eligible employees, their dependents, retirees, COBRA beneficiaries, surviving spouses, etc.

Out-of-network—Health care you receive without a physician referral, or services received by a non-network service provider. Out-of-network health care and plan payments are subject to deductibles and copayments.

Out-of-pocket Expense—Amount that you must pay toward the cost of health care services. This includes deductibles, copayments, and coinsurance.

Out-of-pocket Maximum (OOPM)—The highest out-of-pocket amount paid for covered services during a benefit period.

Preferred Provider Organization (PPO)—A health plan that offers both in-network and out-of-network benefits. Members must choose one of the in-network providers or facilities to receive the highest level of benefits.

Premium—The amount you pay for a health plan in exchange for coverage. Health plans with higher deductibles typically have lower premiums.

Primary Care Physician (PCP)—A doctor that is selected to coordinate treatment under your health plan. This generally includes family practice physicians, general practitioners, internists, pediatricians, etc.

Usual, Customary and Reasonable (UCR) Allowance—The fee paid for covered services that is: (1) a similar amount to the fee charged from a health care provider to the majority of patients for the same procedure; (2) the customary fee paid to providers with similar training and expertise in a similar geographic area, and (3) reasonable in light of any unusual clinical circumstances.



WHAT IS SELF-FUNDING?

HCSO is a self-funded plan. A Self-Funded, or Self-Insured plan, is one in which the employer assumes the financial risk for providing health care benefits to its employees. In practical terms, Self-Insured employers pay for claims out-of-pocket as they are presented instead of paying a pre-determined premium to an insurance carrier for a Fully Insured plan. Typically, a self-insured employer will set up a special trust fund to earmark money (employee and employee contributions) to pay incurred claims.

WHAT IS A TPA?

Florida Blue is HCSO's TPA. A third-party administrator (TPA) is an entity that processes or adjudicates claims for an employee benefit plan. A TPA may provide additional services to an employee benefit plan or employer, such as collecting premiums, contracting for PPO services, providing utilization review of claims, and similar ancillary services to the operation of the employee benefit plan. Self-insured employers can either administer the claims in-house or subcontract this service to a TPA.

WHY DO EMPLOYERS SELF-FUND THEIR HEALTH PLANS?

There are several reasons why employers choose the self-insurance option. The following are the most common reasons:

- The employer can customize the plan to meet the specific health care needs of its workforce, as opposed to purchasing a 'one-size-fits-all' insurance policy.
- The employer maintains control over the health plan reserves, enabling maximization of interest income income that would be otherwise generated by an insurance carrier through the investment of premium dollars.
- The employer does not have to pre-pay for coverage, thereby providing for improved cash flow.
- The employer is not subject to state health insurance premium taxes, which are generally 2-3 percent of the premium's dollar value.
- The employer is free to contract with the providers or provider network best suited to meet the health care needs of its employees.

CAN SELF-INSURED EMPLOYERS PROTECT THEMSELVES AGAINST UNPREDICTED OR CATASTROPHIC CLAIMS?

Yes. While the largest employers have sufficient financial reserves to cover virtually any amount of health care costs, most self-insured employers purchase what is known as stop-loss insurance to reimburse them for claims above a specified dollar level.

WITH WHAT LAWS MUST SELF-INSURED GROUP HEALTH PLANS COMPLY?

Self-insured group health plans come under all applicable federal laws, Health Insurance Portability and Accountability Act (HIPAA), Consolidated Omnibus Budget Reconciliation Act (COBRA), the Americans with Disabilities Act (ADA), the Pregnancy Discrimination Act, the Age Discrimination in Employment Act, the Civil Rights Act, and various budget reconciliation acts such as Tax Equity and Fiscal Responsibility Act (TEFRA), Deficit Reduction Act (DEFRA), and Economic Recovery Tax Act (ERTA).



NOTES		

NOTES		



How to access MUNIS Employee Self-Service Accessing MUNIS From Home

 Enter the web address into the search bar in your browser. www.hernandosheriff.org



2. Scroll to the bottom of the page and select the "Employee

Resources" link.



3. Select the "Employee Self Service" link to be taken to the MUNIS Employee Self Service page to begin your enrollment process.

